

## COURSE OUTLINE



**Course Code: PM-CMF**

**Course Name: Change Management™ Foundation**

DURATION	SKILL LEVEL	DELIVERY METHOD	TRAINING CREDITS	TECHNOLOGY
2 days	N/A	VILT	Foundation Exams	Project Mangement

### Course Overview

The Change Management certification has been developed by APMG-International in partnership with the Change Management Institute (CMI), an independent, global professional association of change managers. Together they have developed a professional 'body of knowledge' for the discipline of change management. The qualification has Foundation and Practitioner levels. The new syllabus samples a wide range of knowledge regarding the theory and practice of change management including:

- change and the individual
- change and the organization
- communication and stakeholder engagement
- change practice

The change management course presents the whole change process, from idea to implementation. Training is delivered by an experienced and accredited trainer in a constructive, interactive and practical workshop style with team exercises, input sessions and discussions. Change

management (sometimes abbreviated as CM) is a collective term for all approaches to prepare, support, and help individuals, teams, and organizations in making organizational change.

### Prerequisites

This course would be of interest to all individuals who contribute in various ways to the process of change management, including:

- Recognizing the need for change and defining that change
- Assessing the organization's capability and capacity for change
- Acquiring resources, planning change and assessing its impact
- Equipping people with appropriate knowledge, skills and attitudes
- Communication & managing change projects and measuring change progress.
- Facilitating and/ or managing groups working on change initiatives

## Target Audience

## Topics

- A change management perspective
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- Defining change
- Managing benefits: Ensuring change delivers value
- Stakeholder strategy
- Communication and engagement
- Change readiness, planning and measurement
- Project management: Change initiatives, projects and programmes
- Education and learning support
- Facilitation
- Sustaining change
- Personal and professional management
- Organizational considerations
- Involvement and engagement
- Generating Gains
- Testing the waters with change ready employees.

## **Phase 5-Advance to future initiatives**

- Initializing changes
- Evaluating change results
- Building capacity for continuous change and the next steps
- Changing the tune
- Nothing will change if you don't activities

## **Exams and Certifications**

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#### Exam Format (Closed Book)

- Multiple choice
- 75 questions per paper
- 5 trial questions (not counted in scores)
- 35 out of 70 marks required to pass
- 60 minutes duration

### **COMPLETING THIS COURSE WILL ASSIST YOU TO:**

- Build your company's resilience to change; create the capability to take full advantage of our changing world
- Exercise and embed business agility throughout your organization.
- Minimise change risk, maximise change energy
- Understand the human response to change and offer mechanisms to cope and embrace change.
- Understand various types of change, along with approaches to implement the change.
- Know how to plan, execute, and measure successful change within an organisation
- Build relationships with stakeholders to unearth and manage their expectations
- Be a great communicator
- Understand how individuals are impacted by change and be able to develop strategies to help people through change.
- Develop insights into how organizations work, organizational culture and the models and process of change.
- Understand the drivers of change, the change governance structures typically used in organizations and how to define a change vision.
  - Appreciate how to prepare people for change and support their learning and motivation to change
  - Learn about the stakeholder engagement process and how to develop suitable communications strategies and plans.
  - Appreciate the impact of change on organizations, how to build momentum for change and sustain it.
  - Understand the importance of defined change roles, and how to build and support an effective change team.
  - Understand the key principles in defining what is to be learned by all involved in a change initiative.
  - Appreciate the 'project' environment in which change is governed and delivered and change managed.
  - Learn about the organizational 'levers', adoption approaches and reinforcing systems typically used to sustain change, so that it becomes embedded in an organization.

### **FOUNDATION**

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The purpose of the Foundation qualification is to confirm that a candidate has sufficient knowledge and understanding of Change Management to work as a member of a team working on an organisational change initiative. The Foundation certification is also a pre-requisite for the APMG Practitioner certification.

## **What is VILT?**

Virtual instructor-led training (VILT) incorporates both the personal teaching experience of a classroom, with the ease and flexibility of a virtual environment. Our VILT courses are interactive and engaging, allowing participants to communicate with both the instructor and each other in a collaborative manner to make the experience very interactive. We utilize our specialized LMS system.

## **Follow on Course:**

[Link to the next recommended course -link to course on website](#)

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